2019 Mean Green Relay Time Schedule

10:15 – 11:15 Scratch Meeting – East Gym
11:00 – 11:45 Coaches Meal

12:00 **3200 Meter Run (JVG & VG, JVB, VB)**
Field Events Begin

	Long Jump	High Jump	Triple Jump	Shot	Discus	Pole Vault
Round 1	JVB	VB	VG	VB	VG	JVB
Round 2	VB	JVB	JVG	JVG	JVB	VB
Round 3	VG	JVG	VB	VG	VB	JV&VG
Round 4	JVG	VG	JVB	JVB	JVG	

****LONG JUMP -- South Runway**
****TRIPLE JUMP -- East Runway**
**JV – 3 attempts VARSITY – 3 attempts

Running Finals:

(immediately following the Completion of Field Events)

EVENTS	ORDER OF COMPETITION
400 Meter Relay	JVG, VG, JVB, VB
800 Meter Run	JVG, VG, JVB, VB
100 Meter Hurdles (33")	JVG, VG
110 Meter Hurdles (39")	JVB, VB
100 Meter Dash	JVG, VG, JVB, VB
800 Meter Relay	JVG, VG, JVB, VB
400 Meter Dash	JVG, VG, JVB, VB
300 Meter Hurdles (G-30", JV&VB 36")	JVG, VG, JVB, VB
200 Meter Dash	JVG, VG, JVB, VB
1600 Meter Run	JVG, VG, JVB, VB
1600 Meter Relay	JVG, VG, JVB, VB