

# SUNDOWN ROUGHNECKS SUMMER SCHEDULE 2019

\* DATES AND TIMES ARE SUBJECT TO CHANGE

MAY	MON.	27		OPEN WEIGHT ROOM AND GYM
	TUE.	28		
	WED.	29		
	THU.	30		
	FRI.	31	GRADUATION	
JUNE	SAT.	1		
	SUN.	2		
	MON.	3	MONDAY NIGHT FOOTBALL	SPORTS FIT (7:30 AM or 7:30 PM) / OPEN GYM
	TUE.	4	BASKETBALL	
	WED.	5		
	THU.	6		
	FRI.	7		
	SAT.	8		
	SUN.	9		
	MON.	10	MONDAY NIGHT FOOTBALL	SPORTS FIT (7:30 AM or 7:30 PM) / OPEN GYM
	TUE.	11	BASKETBALL	
	WED.	12		
	THU.	13		
	FRI.	14		
	SAT.	15		
	SUN.	16		
	MON.	17	MONDAY NIGHT FOOTBALL	SPORTS FIT (7:30 AM or 7:30 PM) / OPEN GYM
	TUE.	18	BASKETBALL	
	WED.	19		
	THU.	20		
	FRI.	21		
	SAT.	22		
	SUN.	23		
	MON.	24	MONDAY NIGHT FOOTBALL	SPORTS FIT (7:30 AM or 7:30 PM) / OPEN GYM
TUE.	25	BASKETBALL		
WED.	26			
THU.	27			
FRI.	28			
SAT.	29			
SUN.	30			
JULY	MON.	1		<b>OPEN WEIGHT ROOM ONLY</b>
	TUE.	2		
	WED.	3		
	THU.	4		
	FRI.	5		
	SAT.	6		
	SUN.	7		
	MON.	8		<b>OPEN WEIGHT ROOM ONLY</b>
	TUE.	9		<b>SISD ATHLETIC FACILITIES CLOSED (UIL RULE)</b>

	WED.	10	<b>SISD ATHLETIC FACILITIES CLOSED (UIL RULE)</b>		
	THU.	11	<b>OPEN WEIGHT ROOM ONLY</b>		
	FRI.	12			
	SAT.	13			
	SUN.	14	<b>SPORTS FIT (7:30 AM or 7:30 PM) / OPEN GYM</b>		
	MON.	15			
	TUE.	16			
	WED.	17			
	THU.	18			
	FRI.	19	<b>SISD ATHLETIC FACILITIES CLOSED (UIL RULE)</b>		
	SAT.	20			
	SUN.	21			
	MON.	22	<b>SPORTS FIT (7:30 AM or 7:30 PM)</b>		
	TUE.	23			
	WED.	24			
	THU.	25			
	FRI.	26			
	SAT.	27	<b>SPORTS FIT (7:30 PM ONLY)</b>		
	SUN.	28			
	MON.	29			
	TUE.	30	<b>SPORTS FIT (7:30 PM ONLY)</b>		
	WED.	31			
AUGUST	THU.	1	ALL-SPORT PARENT MEETING - 6:30 PM @ SISD AUDITORIUM	<b>OPEN WEIGHT ROOM</b>	
	FRI.	2			
	SAT.	3			
	SUN.	4			
	MON.	5	START OF FOOTBALL PRACTICE - 8:00 AM - 12:00 NOON (HIGH SCHOOL ONLY)		
	TUE.	6	FOOTBALL @ 8:00 AM - 12:00 NOON (HIGH SCHOOL ONLY)		
	WED.	7	FOOTBALL @ 8:00 AM - 12:00 NOON (HIGH SCHOOL ONLY)		
	THU.	8	FOOTBALL @ 8:00 AM - 12:00 NOON (HIGH SCHOOL ONLY)		
	FRI.	9	FOOTBALL @ 8:00 AM - 12:00 NOON (HIGH SCHOOL ONLY)		
	SAT.	10	FOOTBALL @ 8:00 AM - 12:00 NOON (HIGH SCHOOL ONLY)		
	SUN.	11			
	MON.	12	FOOTBALL @ 2:00 PM - 6:00 PM (HIGH SCHOOL ONLY)		
	TUE.	13	FOOTBALL @ 2:00 PM - 6:00 PM (HIGH SCHOOL ONLY)		
	WED.	14	FOOTBALL @ 2:00 PM - 6:00 PM (HIGH SCHOOL ONLY)		
	THU.	15	FOOTBALL @ 2:00 PM - 6:00 PM (HIGH SCHOOL ONLY)		
	FRI.	16	SCRIMMAGE vs. FRIONA - 6:00 PM (JV & VARSITY) - "MEET THE ROUGHNECKS"		
	SAT.	17	FOOTBALL @ 10:00 AM - 12:00 PM (JV & VARSITY)		
	SUN.	18			
	MON.	19	FOOTBALL @ 3:00 PM - 6:00 PM / FIRST DAY OF SCHOOL		
	TUE.	20	FOOTBALL @ 3:00 PM - 6:00 PM (HIGH SCHOOL ONLY)		
	WED.	21	FOOTBALL @ 3:00 PM - 6:00 PM (HIGH SCHOOL ONLY)		
	THU.	22	FOOTBALL @ 3:00 PM - 6:00 PM (HIGH SCHOOL ONLY)		
	FRI.	23	SCRIMMAGE @ CRANE - 6:00 PM (JV & VARSITY)		
	SAT.	24	FOOTBALL @ 10:00 AM - 12:00 PM (JV & VARSITY) / HS TEAM PICTURES - TBD		
	SUN.	25			