

# BOYS AND GIRLS TRACK AND FIELD MEET SCHEDULE

Contested at South Plains College Track

2019 Region 1-A/AA Meet Schedule

## Friday Field

	<b>Girls</b>	<b>Boys</b>
<b>8:30 AM</b>	1A High Jump 2A Long Jump/Shot Put	1A Discus Throw/Pole Vault 2A Long Jump
<b>11:30</b>	1A Long Jump/Shot Put 2A High Jump	1A Long Jump 2A Discus Throw/Pole Vault

## Friday Running Preliminaries (1A Girls, 2A Girls, 1A Boys, 2A Boys)

9:00 3200m Run Finals

2:30 400m Relay  
3:00 100m Hurdles  
3:20 110m Hurdles  
3:40 100m Dash  
4:00 800m Relay  
4:30 400m Dash  
4:55 300 Hurdles  
5:20 200m Dash  
5:40 1600m Relay

## Saturday Field

	<b>Girls</b>	<b>Boys</b>
<b>8:30 AM</b>	1A Discus/Pole Vault 2A Triple Jump	1A High Jump 2A Shot Put/Triple Jump
<b>11:30 AM</b>	1A Triple Jump 2A Discus/Pole Vault	1A Shot Put/Triple Jump 2A High Jump

## Saturday Running Finals (1A Girls, 2A Girls, 1A Boys, 2A Boys)

2:30 400m Relay  
2:45 800m Run  
3:05 100m Hurdles  
3:20 110m Hurdles  
3:30 100m Dash  
3:40 800m Relay  
4:00 400m Dash  
4:15 300m Hurdles  
4:35 200m Dash  
4:55 1600m Run  
5:30 1600m Relay

SPC Track will be open for Relay Hand-off each day from 1:00 PM to 2:00 PM